

SPORTING CHANCE SHEFFIELD

VOLUNTEERING MATTERS



Sporting Chance Sheffield

Mens Health and Wellbeing Session

(The session is aimed at males aged 50 and over)



Stocksbridge Community Leisure Centre

Moorlands Drive S36 1 EG

Mondays 1-30 to 3-30



Cost £1 Per Week: First session free

Contact Mark 07841 430171

Mark.hible@volunteeringmatters.org.
uk

Free Tea/Coffee etc. The session will be a mix of Activity e.g. Badminton, Table tennis, boccia Indoor Curling, Cards Games etc.